

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

## A SCIENCE BASED, PERFORMING ART

Location: ANNADALE, VA  
Date: NOVEMBER 2013  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

*Dr. Molly Rawding*

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. *Harmony in, resistance out.*
- b. *Kids want difference in the classroom.*
- c. *Adults need to protect the kids!*



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. *if you have your ARFF, you'll be courteous & happy.*
- b. *next time, you may only say it in the positive!*



4. Dennis, I want more [and you'll have it!].....

*Support/skills with Owen!*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

*Den! You!!*  
*Yay! You!!*  
*Always fabulous to be with you!!*  
*So much to think about!!*  
*With total gratitude.*  
*YAY!!*  
*Molly*

*Dennis M. McLoughlin*

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Name [optional to you, important to me]

paige

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best



2. What three [3] ideas/concepts did you really like?

- a. You can not grow unless you're making mistakes
- b. You can only give what you have - fill your ARFF.
- c. People change with imagination, not w/ logic.



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. Teach with NO FEAR !!!
- b. You can let yourself have more success



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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Name [optional to you, important to me]

*Sandy Caparell*

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best



2. What three [3] ideas/concepts did you really like?

- a. ARFF
- b. HIGH TRUST    Love more - Careless



3. What two (2) phrases/quotes in this workshop did you really like?

- a. those who blame lose ability to change.
- b. once you get rid of your list, you'll love.



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

energetic  
passionate  
invigorating  
intuitive  
dynamic  
non-conformist !!  
gifted

**YES!**

With total gratitude,

*Dennis M. McLoughlin*

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Location: ANNADALE, VA

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Name [optional to you, important to me]

AMELIA KYLER

1. How would you *celebrate* this workshop, overall:

YAY, YAY, YAY

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. Modeling

b. Celebrating success



3. What two (2) phrases/quotes

in this workshop did you really like?

a. Give up to my code

b. Comfort & protect kids



4. Dennis, I want more [and you'll have it!].....

I want to grow & succeed

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Totally energized - this was my second visit  
and he was as fabulous as ever. With total gratitude.

Dennis M. McLoughlin

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Name [optional to you, important to me]

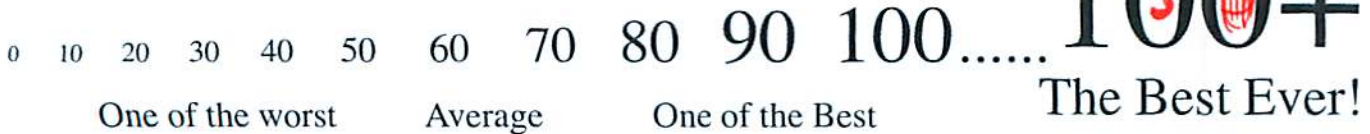
Sy Miriam

Thank you  
for your  
support!

1. How would you *celebrate* this workshop, overall:

the High Trust experience!

Yeah  
Yeah



2. What three [3] ideas/concepts did you really like?

- a. Achievement, ~~Self~~ Respect, Fun, Freedom
- b. Think Good about yourself.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Those who blame choose the ability to learn
- b. All people that hurt are after themselves



4. Dennis, I want more [and you'll have it!].....

High Trust Express for my children!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

- Personality - Empower
- Honesty - Motivator
- Funny - Optimistic
- Good stories - Positive, Positive Positive

With total gratitude,

*Dennis M. McLoughlin*

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Name [optional to you, important to me]

1. How would you *celebrate* this workshop, overall:

*it has rejuvenated me, so that i'm even more ready for the rest of the year!* <sup>the High Trust experience!</sup> **100+**  
0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best      The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. *Don't need to be punished for what they*
- b. *Double Scoop*

*Know its an opportunity to learn.*



3. What two (2) phrases/quotes in this workshop did you really like?

- a. *You are the great gift*
- b. *Those who blame, lose the ability to change*



4. Dennis, I want more [and you'll have it!].....

*of YOU!*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

*I am so incredibly grateful for High Trust!*

With total gratitude,

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Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. ARF
- b. You
- c. If you

*The Double scoop too!*



3. What two (2) phrases/quotes

- a. in this workshop did you really like?  
Leave an emergency for emergencies
- b. What I personally teach

*take the consequences you excuse them from responsibility.*



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

*I'm confident that my students & leagues will benefit from High Trust. We encouraged me to return to intuitive thinking, thank you.*

With total gratitude,

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Name [optional to you, important to me]

Chuck Hawken's

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. How to Love Deeply and Never be Hurt Again.  
b. You May / You Can



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "Take Off Your Shirt!"  
b. Mistake are where the new learning goes!



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Dennis M. McLoughlin



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Name [optional to you, important to me]

Betsy Wendt

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. front loading - expectations in
- b. the idea of administrator teaching,  
then <sup>have teacher</sup> give comments
- c. positive  
positive  
positive



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. That's my experience
- b. Do you want me to listen  
or respond?



4. Dennis, I want more [and you'll have it!]..... a list

of all your phrases as  
a reminder - (that's why I  
was always writing)

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

(over)

With total gratitude,

Dennis M. McLoughlin

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Name [optional to you, important to me]

Kathy Hawkins

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

*Each one builds on the previous!*  
the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. The Double Scoop
- b. Front Loading  
Influencing vs Fixing



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Gorge yourself with ARFF
- b. Establish your code & live it *keep it*  
*reinforce it*  
*model it to your kids*  
*(or something like that!)*



4. Dennis, I want more [and you'll have it!].....  
Stories about you horse? 😊

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

Each time we take the class, I discover more of myself and want more healing so I can give more!

With total gratitude,

Dennis M. McLoughlin

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Name [optional to you, important to me]

*Marguerite Zatterff*

1. How would you *celebrate* this workshop, overall?

*Smiling and rejoicing with my kids tomorrow. They are the best, and now I have the skills to be the best teacher possible.*

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best



2. What three [3] ideas/concepts did you really like?

- a. *There are no real mistakes... BECAUSE ITS WHERE THE NEW LEARNING GOES!!!*
- b. *I am allowed to fill myself UP!*
- c. *ARFF*



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. *Mistakes are where the new learning goes!*
- b. *What is your responsibility, smart thinker?!*



4. Dennis, I want more [and you'll have it!].....

*Love, life, hilarity, happiness, and boy will I!*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*

I've never known how to be grateful for myself without being angry or sad, or feel that I am too confident. I have come to realize I am super strong and ready. I am ready for life. FINALLY!

I couldn't have been more terrified last night grocery shopping because Denny was screaming in my ears and I knew a HUGE life change was about to occur. What scared me was that I finally realized I'm allowed to have achievement and be successful. OH BOY, Denny!

My life is going to be so DAMN happy coming up. No more Double Scoops, lists, sadness in relationships... I am a giant hero, hear my roar! Thank you for my confidence, making me realize my potential and happy inner self. I AM THRILLED!

Marguerite  
XOXO

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Name [optional to you, important to me]

Yvette Gilmore

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. ARFF (never really thought to add ARFF in my life)
- b. modeling (at home (daughter) and school)
- c. How to love deeply. Touched me in more ways than one



3. What two (2) phrases/quotes in this workshop did you really like?

- a. I love being w/ you
- b. I want you to do that w/ more respect



4. Dennis, I want more [and you'll have it!].....

I want to start letting go and believe more in my teaching + parenting skills

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

For the last few weeks, I have been overwhelmed, and not sure if I would be able to find balance in my classroom and home (daughter/mother relationship). Now I feel I have been at a well needed vacation and can start everything fresh from here.

With total gratitude,

Dennis M. McLoughlin

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Name [optional to you, important to me]

B. FLAHERTY

1. How would you *celebrate* this workshop, overall:

by filling ~~you~~ MY ARFF & sharing the great gift of an with kids!

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. Never punish ... never let it slide ☺

b. Once you get rid of consequences, kids will THRIVE!



3. What two (2) phrases/quotes

in this workshop did you really like?

a. Mistakes are where the new learning goes!

b. Those who blame, lose the ability to change.



4. Dennis, I want more [and you'll have it!].....

This am is exactly what I needed! I'll be in touch when support is needed.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

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Name [optional to you, important to me]

Kelsey Griebel

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. achievement is all about trust between student & teacher
- b. if a kid makes a mistake twice, they need more modeling & practice, NOT punishment
- c. Always dismiss on a success

3. What two (2) phrases/quotes

in this workshop did you really like?

- a. To student: "You are important and may be patient with yourself."
- b. Teacher to student OR Principle to teacher: "I just discovered an area where I can support you for more success."

4. Dennis, I want more [and you'll have it!].....

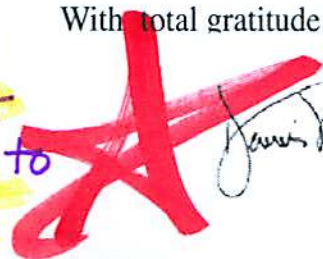
examples of how you support "really hurt kids"

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Awesome reminder of why I chose the job I did 😊... and what is most important → sticking to my code, growing kids!

With total gratitude,

 Dennis M. McLoughlin



# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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Location: ANNADALE, VA  
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Name [optional to you, important to me]

Iris Díaz

1. How would you *celebrate* this workshop, overall:

Share with others - adults and children!

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. Mistakes are where the new learning goes.
- b. Support vs. Help



3. What two (2) phrases/quotes in this workshop did you really like?

- a. always end on a success
- b. Those who blame loose the ability to change



4. Dennis, I want more [and you'll have it!].....

I'll probably think of this once I begin sharing/teaching High Trust.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Love ♥ how much you talk about your family!

With total gratitude,



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Location: ANNADALE, VA

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Name [optional to you, important to me]

Stephanie

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. getting rid of the list
- b. changing my language  
ADD ARFF



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "Yay, it's you!"
- b. We ... because it's the correct thing to do.



4. Dennis, I want more [and you'll have it!].....Everything

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Stephanie*

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

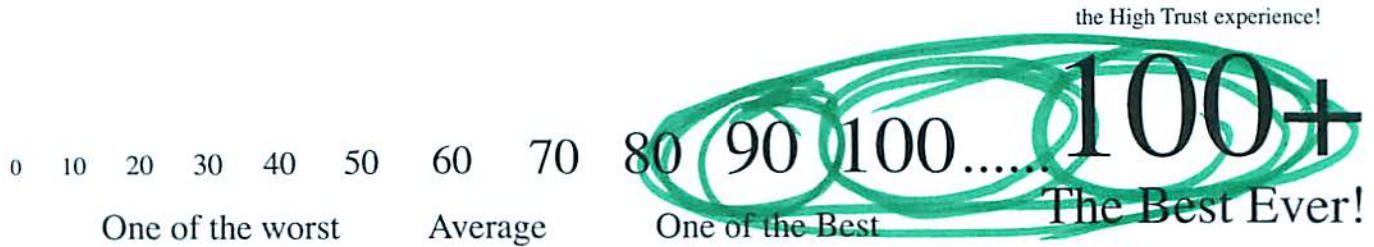
Location: ANNADALE, VA  
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Name [optional to you, important to me]

Karina

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. honesty
- b. how it applies to real life.
- c. funny



3. What two (2) phrases/quotes in this workshop did you really like?

- a. a person who is insulted is never respected.
- b. Never say thank you unless its a personal favor.



4. Dennis, I want more [and you'll have it!].....

High Trust ☺

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

- positivity! ☺
- energetic
- lively

With total gratitude,

Thank you Denny!!

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Name [optional to you, important to me]

HUNTER COLEMAN

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Love "The List" and dropping it!
- b. Love how ~~some~~ <sup>people</sup> hates you, you just don't know!



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. *Little Preacher daughter, sneaking out at night...*
- b. *Are you a model?*



4. Dennis, I want more [and you'll have it!].....

High Trust. Everyday.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*

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Name [optional to you, important to me]

Carrie Schaefer

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. ARFF !!
- b. Your code !!
- ~~b. nobody respects someone they can insult~~
- Double scoop

3. What two (2) phrases/quotes in this workshop did you really like?

- a. nobody respects someone they can insult
- b. those who blame lose the ability to change

4. Dennis, I want more [and you'll have it!].....

personal relationships  
healthy

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

This was an amazing conference  
and how refreshing to go to a  
conference + learn so many things!

With total gratitude,

Dennis M. McLoughlin



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Name [optional to you, important to me]

Carmen Canales

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                  Average                  One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. Resurrect the silent defeated student.
- b. The Doble Scoop.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "You May Think Again".
- b. "I discovered something about myself that I want to share with you."

4. Dennis, I want more [and you'll have it!].....

Trouble shooting with personal scenarios.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]



Thank you for your  
responsiveness & humor. You are  
so refreshing.

With total gratitude,

Dennis M. McLoughlin

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Name [optional to you, important to me]

Zachary R.

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. Gummy glass.
- b. Eyebrows up.



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. Mistakes are where the new learning goes
- b. Those who blame lose the ability to change.



4. Dennis, I want more [and you'll have it!].....

high school strategies.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

I love me!  
And I have a renewed  
fervor for teaching!

With total gratitude,

Dennis M. McLoughlin